

**Merseyside County Schools AA**  
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COUNTY SCHOOLS WEBSITE [mcsaa.webs.com](http://mcsaa.webs.com)

Dear athlete [ **GIRLS INVITE** ]

The Merseyside Schools Athletics Champs will be held on Saturday 10<sup>th</sup> June at Bebington Oval Athletics Track , off the Chester Road [ B 5148] , just behind Plessington High school, Bebington [ CH63 7LH]

The ESAA Age Groups are Jun G [ 8 + 9 ], Int G [10 + 11] Sen G [12 + 13] There will be a full range of events as per ESAA age group guidelines YEAR 7 75m, 150m, 800m, 1200m, 70m H + Long, High, Shot, Disc + Javelin

**NB Athletes can enter a MAXIMUM of 2 events at a cost of £2-50 per event**

Name \_\_\_\_\_ DOB \_\_\_\_\_

School \_\_\_\_\_

7 G / JUN 8 + 9 G / INTER 10 + 11 G / SEN 12 +13 G

Events \_\_\_\_\_ £2 -50 / £5 - 00

Please enter on line at [mcsaa.webs.com](http://mcsaa.webs.com) by Thurs 8<sup>th</sup> Jun

**FIELD**

10 00	JG, IG + SG	HAMMER	12 00	7G	JAVELIN
10 00	7G + Jun G	HIGH J	1 00	Int + Sen G	HIGH J
10 00	Jun G	LONG J	1 00	7G	SHOT
10 30	JG, IG + SG	P VAULT	1 00	Int + Sen G	JAVELIN
11 00	7G	LONG J	2 00	Jun G	SHOT
11 00	Jun G	JAVELIN	3 00	Int + Sen G	LONG J
11 15	7G	DISCUS	3 00	Jun G	DISCUS
12 00	Int + Sen G	TRIPLE	3 00	Int + Sen G	SHOT
12 00	Int + Sen G	DISCUS			

**TRACK**

10 15	300m H + 400H	1 30	HURDLE FINALS ??
10 30	75m + 100m Hts		150m + 200m Hts
11 15	70mH, 75mH, 80mH +100m H	2 30	3000m
11 15	1200m + 1500m	2 45	800m
12 15	75m + 100m FINALS	3 30	150m + 200m FINALS
12 30	1500m SChase	3 45	300m + 400m FINALS